

## TOILETING AND SOILING POLICY

### AIMS

To provide a clear guidance to teachers, parents and pupils, with regards to toileting issues and what to do if soiling occurs during school times.

To ensure that all toileting procedures are safe, hygienic, culturally appropriate and a positive experience for the child, and to encourage children's independence in toilet learning and toileting with consideration to each child's family background.

### RESPONSIBILITIES

To minimise risk and the spread of infectious diseases that are transmitted by faeces and other body fluids through toileting or toilet training of children.

### SCOPE

Whole school community.

### POLICY

#### FS1:

It is expected that the children are able to use the toilet independently and clean themselves also. The children may go to the toilet whenever needed, however it is expected that they will tell the teacher or assistant teacher that they are going to leave the classroom.

#### FS2:

It is expected that the children have more control over their toileting needs. However, as above, if the child needs to go to the toilet during a lesson they must ask for permission from the teacher or assistant but should becoming aware that on occasions they may be asked to wait to see if the need is essential.

#### Year 1 & 2:

It is expected that in year 1 and 2 the children would have good control over their toileting needs. They will be expected to go to the toilet before school and during breaks. If a child needs to go to the toilet during a lesson they must ask the teacher or assistant teacher for permission. On occasions they may be asked to wait to see if the need is essential.

#### Key Stage 2:

It is expected that the children will go to the toilet before school and during breaks. If a child needs to go to the toilet during a lesson they must ask the teacher for permission but they should now be aware of whether the need is essential or not at that time.

**\*Please note the above guidance will be used in addition to the teacher's professional judgment on the individual situation.**

#### If Soiling occurs:

- The child will be taken to the toilet assistant for FS1.
- The nurse will phone the child's parent and they will be asked to come and change their child (only in FS1 and FS2) or where possible spare cloths will be provided by the school and the child will be assisted to change.
- If the Nurse/Toilet assistant, changes the child, the soiled clothes will be put in a bag and placed in the child's cubby hole.

- If the child has more than 1 occurrence in the day, the parents must be called and the child must be collected.

#### **Teaching Staff:**

If a member of teaching staff needs to use the toilet during a lesson, the assistant or another member of staff who is available will cover the class for the appropriate time. The children should not be left unattended at any time and therefore a message will be sent to the appropriate staff member.

#### **TOILET HYGIENE PROCEDURE**

##### **Getting Ready:**

- Increase children's awareness of the need for appropriate hygiene practices and give children the opportunity to implement appropriate hygiene practices as a part of their daily routine.
- Ask parents to supply additional changes of clothing for their child.
- Ask children regularly if they need to go to the toilet.
- Encourage children to go to the toilet when they need to.
- Refer to urine and faeces as "wee" and "poo", only.

##### **Changing Soiled Clothing and Toileting:**

- Wear gloves when assisting children on the toilet and handling clothing soiled with faeces or urine.
- Place soiled clothes in a plastic bag, tying the top firmly, for parents to take home at the end of the day. Soiled clothes are not to be washed at the school as this can spread germs; they need to be laundered at the child's home.
- Help the child to use the toilet.
- Help the child wash and dry their hands.
- Ask older children if they have washed and rinsed their hands, counting slowly to 10 singing for this length of time. Explain to the child that washing and drying their hands properly will stop germs that might make them sick
- Do not punish or criticise child for wetting or soiling their pants. Encourage the child to remember next time and ask them to help in the clean-up process.
- Promote children's toilet and hygiene education by responding positively and encouraging children e.g. - when a child soils their pants let them know it's ok and discuss positively with them what they can do next time.
- Maintain professionalism when discussing children's toilet and hygiene education and incidents, using correct terminology.
- Encourage children's independence e.g. – children to remove their own clothing, collect changes of clothes from their own bag etc.
- Work in partnership with families to maintain a consistent toileting environment

**Implementation Date: September 2019**

**Review Date: September 2020**

**Reviewed by:** \_\_\_\_\_

**May Ann Angeles, DHA-RN  
Lead School Nurse**

**Approved By:** \_\_\_\_\_

**Zara Harrington  
Principal**